

AGUA FRIA UNION HIGH SCHOOL DISTRICT #216

Pursuing Victory With Honor

ATHLETIC PACKET



FALL

Football Starts 8/2/10
Fall Sports Start 8/9/10

Football (M)
Volleyball (W)
Swimming (M/W)
Cross Country (M/W)
Golf (M/W)
Soccer (M/W)
Badminton (W)

Marching Band (Fall & Winter) (M/W)
Spiritline (Fall & Winter) (M/W)

WINTER

Starts 11/1/2010

Basketball (M/W)
Soccer (M/W)
Wrestling (M)

SPRING

Starts 2/7/2011

Track (M/W)
Tennis (M/W)
Softball (W)
Baseball (M)

**THIS PACKET NEEDS TO BE FILLED OUT ONLY ONE (1) TIME
FOR THE 2010 – 2011 SCHOOL YEAR**

Name: _____

Age: _____

Grade: _____

**AGUA FRIA UNION HIGH SCHOOL DISTRICT
ELIGIBILITY CLEARANCE REQUIREMENTS**

Dear Parent/Guardian and Athlete:

Welcome to the Agua Fria Union High School District Interscholastic Athletic programs. In order to establish eligibility, the student athlete is required to have on file with the Athletic Director's Office of the school he/she is attending all forms and documents as required by the State, the School District, and the Arizona Interscholastic Association.

The eligibility requirements listed below will simplify the process of athletic clearance. As you complete each of the clearance steps, please **check the line provided and sign on the bottom**. This will help you confirm that all clearance requirements have been met. Upon completion, return your completed packet to the Athletic Office.

PARENT/GUARDIAN MUST READ AND SIGN ON THE LINE BELOW

- ____1. **Insurance:** If parents/guardians have adequate insurance coverage, an insurance waiver is provided. Please make sure that the insurance company name, policy number and effective date are completed. If no insurance is provided, then school insurance must be purchased. These forms are available in the Athletic Office and must be completed, signed and returned to the Athletic Office. The insurance does not become effective until midnight of the day it is submitted.
- ____2. **Guideline for Team Try-Outs:** This form must be signed by both parent/guardian and athlete.
- ____3. **Domicile Statement:** This form must be completed in its entirety and signed by the parent/guardian and athlete.
- ____4. **Athletic Participation Fee:** In order to offset athletic costs, a participation fee will be assessed to each athlete in our district. This must be paid prior to the first contest of the season.
- ____5. **Miscellaneous State and District Policies: Please read and keep the attachments for your files.**
- | | |
|---------------------|---------------------------------|
| Hazing Policy | Code of Conduct for the Parents |
| Uniform Policy | Code of Conduct for the Athlete |
| Harassment Policy | Parent Protocol |
| Athletic Fee Policy | AIA Supplement Statement |
| | AIA Eligibility Rules |
- ____6. **State and School District Academic Requirements:** The academic policy shall apply to all students who choose to participate in the district's interscholastic programs.
- A. Every 4 ½ weeks the District will check student progress to determine eligibility.
 - B. Students must meet the State requirement of passing all classes. An "F" grade, an "I" grade, or a "U" grade will constitute a failure to pass a course.
 - C. Students must be enrolled in a minimum of four (4) classes (grades 9 – 11). Seniors must be enrolled in a minimum of three (3) classes and on track for graduation.
- ____7. **Athletic Participation:** Student athletes participating in team sports, are not allowed to practice or compete in any other group, club organization, association, etc., in that sport during the interscholastic season of competition (AIA Bylaw 14.4.1). Students violating this rule could lose up to one year of eligibility and the school team could be penalized as well.
- ____8. **Physical Clearance:** All students participating in sports must have on file a record of a physical examination. As per AIA Bylaws 15.7.1, the physical for the following school year shall be given on or after March 1. The medical provider must be one of the following: M.D., D.O., N.P., or PA-C ONLY. The physical form must be signed and dated by the medical provider. The parent/guardian must complete and sign the Health History. **PLEASE USE THE AIA PHYSICAL FORM.**
- ____9. **Consent Form:** This form must be completed with the student's current address and phone numbers. This form is used in case there is an emergency situation where the parents/guardians need to be contacted.
- ____10. **Birth Certificate:** A copy of your birth certificate or equivalent proof of your birth date and place of birth must be on file in the Athletic Office prior to clearance.

By signing below, I/we acknowledge that I/we have read, fully understand and have kept all attachments pertaining to this package.

PARENT/GUARDIAN SIGNATURE

DATE

STUDENT SIGNATURE

DATE

INFORMED CONSENT

Athletes will be shown, prior to the first practice, a video outlining the risks of participation in athletics. It is important for athletes and parents to understand that there is some risk of a life threatening injury, permanent disability and a multitude of other injuries when participating in athletic programs. Parents are invited to watch this video with their son or daughter prior to the first practice or any other time convenient to them. All schools will make provision for parental viewing of the informed consent video; all that is required is a phone call to the school's athletic director.

INDIVIDUAL INSURANCE WAIVER

I affirm that I am the parent or legal guardian of the below named student. I understand the Agua Fria Union High School District requires all students participating in Interscholastic Athletics and certain other activities, to be covered by an accident insurance policy. Fully understanding and accepting all responsibility and absolving the school board and the school district of such responsibility, I hereby make known that I want my personal health and accident insurance to be considered to cover the named student. I represent that the named student is currently covered and will be covered during the present school year by an accident insurance policy. I further acknowledge that in the event my personal health and accident insurance is cancelled, withdrawn, or in any way ceases to exist, I will withdraw _____ (student name) from all sports activities until such time as I obtain equivalent health and accident insurance.

I further accept full responsibility for all obligations, financial or other, which may result from injuries to my son/daughter while participating in the school sports and activity program.

Insurance Company Name

Policy Number

Policy Effective Date

I have read and understand all the information in this packet. I am aware that catastrophic injuries and even death may result from athletic participation. I also understand that the Agua Fria Union High School District does not provide accident insurance for my son or daughter.

Parent/Guardian Signature

AGUA FRIA UNION HIGH SCHOOL DISTRICT ATHLETICS
GUIDELINES FOR TEAM TRY-OUTS

1. Team members will be selected on the basis of the coach or coaches' evaluation of a candidate's skill level, team contribution, and attitude.
2. Candidacy for team membership will be based on a minimum number of practices/tryouts determined by the coach (coaches).
3. Evaluation for team membership is based on both objective and subjective criteria which are developed by each coach (coaches) for their sport.
4. Athletes shall be informed of what is expected of them in terms of skills, team contribution, and team attitude.
5. Athletes shall be notified by the coach (coaches), regarding their selection or non-selection to the team. Coaches are encouraged to do this in person.
6. Athletes' participation in non-season club competition, preseason programs, or other such activities shall not be a criteria for selection to team, nor for placement on a particular team.
7. Candidates for team membership must understand that the expenses incurred for shoes, physical examinations or other such necessities does not guarantee team membership.
8. Athletes will not be allowed to try out for a team after the final selection has been made. Exceptions to this will only be allowed for athletes who:
 - transfer into the school; (transfer students must meet the same standards as entering students)
 - were suspended or reassigned to an alternative educational setting;
 - have participated in a prior season sport;
 - have a family emergency;
 - have a personal illness;
 - exceptions based on other extenuating circumstances may be granted by the principal and school athletic director.

Before any exceptions are allowed, a meeting including the athlete, the athlete's parent(s), the athlete's coach-to-be, and an administrator of the school must be held prior to the athlete's practicing with the team.

(Note: Not all sports are required to select their team through a tryout process. Track and field and some other sports may accept athletes throughout the season because these sports have not eliminated any other athletes through tryouts.)

9. Athlete(s) parents shall not participate in any aspect of preseason team tryouts unless they are an approved coach.
10. If an athlete decides to join a team, once competition has started, he/she must practice for two weeks (10 days) before being eligible for game competition.
11. If an athlete quits a team, s/he is ineligible to participate with any other team until his conclusion of the current season or the athlete completes an athletic release which is signed by both coaches and the athletic director. This includes open gym, field, etc.

I have read and fully understand the information above regarding candidacy for team membership.
I understand that the head coach will render the final decision on who makes the team.

Student: _____ Parent/Guardian: _____

Date: _____

DOMICILE STATEMENT

MUST COMPLETE THIS FORM IN ITS ENTIRETY!

SECTION ONE:

I currently live in the high school attendance zone checked below:
(please check one)

___ AFHS

___ DEHS

___ MHS

___ VHS

SECTION TWO:

List all schools including city/state that you have attended:

9th Grade: _____ 11th Grade: _____

10th Grade: _____ 12th Grade: _____

Did you participate in any sports while at these schools? ___ If yes, please state what sports and grade:

SECTION THREE:

Who did you live with when you attended your previous school:

___ Parent/Guardian (Guardian must be court-appointed. If not court-appointed, please call and make an appointment to meet with the Athletic Director.)

___ Relative other than parent/guardian: _____

___ Other--Relationship to this person: _____

Who do you live with now:

___ Parent/Guardian (Guardian must be court-appointed. If not court-appointed, please call and make an appointment to meet with the Athletic Director.)

___ Relative other than parent/guardian: _____

___ Other -- Relationship to this person: _____

Parent/Guardian Signature

Date

Student Signature

Date

**AGUA FRIA UNION HIGH SCHOOL DISTRICT
ATHLETICS / ACTIVITIES**

HAZING POLICY

Soliciting, encouraging, aiding or engaging in hazing in any form is prohibited in the Agua Fria Union High School District. "Hazing" means any intentional, knowing or reckless act directed against a student for the purpose of being initiated into, affiliating with, holding office in, or maintaining membership in any organization, club or athletic team whose members are, or include other students. Hazing, further defined, is any act that endangers the mental or physical health or safety of a person. Students found in violation of the Hazing Policy will be subject to disciplinary action as per Agua Fria Union High School District Public policy.

HARASSMENT POLICY

The Agua Fria Union High School District Board is committed to a policy of non-discrimination in relation to race, color, religion, sex, age, national origin, and disability. The policy will prevail in all matters concerning staff members, students, the public educational programs and services, and individuals with whom the Board does business. Students found in violation of harassing another student in any of the above mentioned areas will be subject to disciplinary action as per Agua Fria Union High School District Board policy.

UNIFORM POLICY

Students receiving athletic equipment are responsible for ALL equipment issued to them. The student will be charged with the replacement cost of lost or willful damage to any equipment he / she is issued. **ALL EQUIPMENT OR UNIFORM EXCHANGES MUST BE DONE THROUGH THE COACH.**

ATHLETIC FEE POLICY

I have read and fully understand the Agua Fria Union High School District Athletic Fee.

CODE OF CONDUCT FOR PARENTS/ATHLETES

I have read and fully understand the "Code of Conduct for Parents" and the "Code of Conduct for Athletes". I have kept the supplied copy for my records.

AIA ELIGIBILITY AND SUMMARY OF BY-LAWS

I have read and fully understand the summary of bylaws concerning athletic eligibility. I have kept the supplied copy for my records.

HOME-SCHOOLED ATHLETES

Are you now being home-schooled: _____ If you are currently being home-schooled, then it is your responsibility to bring in a signed copy from your parent/guardian stating the classes and grades that you are receiving. You must be registered with Maricopa County Superintendent of Schools. Grade checks are every 4 ½ weeks. If a grade sheet is not brought from home then you will be considered ineligible in the current sport that you are participating in until the criteria is met.

TRANSPORTATION POLICY

Students who are participating in a sport that is travelling to an away contest will be required to use Agua Fria Union High School District transportation. Any exceptions must be approved through the Athletic Director.

Parent/Guardian Signature

Date

Student Signature

Date

AGUA FRIA UNION HIGH SCHOOL DISTRICT
(All items to be filled in prior to the issuance of clearance slip.)

Last Name	First	Middle	Grade	Birth date
(Circle One) AFHS	DEHS	MHS	VHS	

PARENT / LEGAL GUARDIAN INFORMATION

Name: _____ Circle: Parent or Legal Guardian
Home Address: _____ Home Phone: _____
_____ Work Phone: _____
_____ Cell Phone: _____
E-mail Address _____
Nearest Friend or Relative: _____ Phone: _____
Family Doctor: _____ Phone: _____
Hospital: _____ Phone: _____
Health Insurance: _____ Policy # _____
Effective Dates _____

CONSENT FOR ATHLETIC EMERGENCY CARE

BE IT KNOWN that in the event I cannot be reached, I, the undersigned parent or guardian of the student named above, do hereby give and grant unto any medical doctor or hospital my consent and authorization to render such aid, treatment, or care to said student as, in the judgment of said doctor or hospital may be required, on an emergency basis, in the event said student should be injured or stricken ill while participating in an interscholastic activity sponsored by the above indicated school.
IT IS HEREBY understood that the consent and authorization hereby given and granted are continuing, and are intended by me to extend throughout the current school year.
IT IS FURTHER understood that any expenses incurred will be paid for by insurance of the parent of the student.
Payment of the expense is not a school responsibility.

Yes, I give my consent No, I do not give my consent

PARENT OR GUARDIAN PERMIT

Note: This permit is required by the Agua Fria Union High School District to be filed with the Athletic Director before a student may take part in any school activities.

I give my permission for him/her to travel with the coach or other representative of the school on any authorized trips. I agree to assume responsibility for the return of all athletic equipment issued by the school to the above named student at the end of the sport season. I consent to the release of student directory information as it applies to school related activities such as athletics.
I/We give our permission for _____ to participate in organized interscholastic activities, realizing that such activity involves the potential for injury which is inherent in all sports. I/We acknowledge that even with the best coaching, use of the most advanced protective equipment and strict observances of rules, injuries, are still a possibility. On rare occasions, these injuries can be so sever as to result in disability, paralysis, quadriplegia or even death.

I/We acknowledge that I/we have read and understand this warning. I/We acknowledge that I/we have read and understand the above consent for emergency care.

Signature of Parent/Guardian: _____ Date: _____

Signature of Student Athlete: _____ Date: _____

**Please keep
the following
attachments
for your
records.**

AGUA FRIA UNION HIGH SCHOOL DISTRICT ATHLETIC FEE POLICY

POLICY

In order to help offset the cost of athletics a fee will be charged to the student athletes who participate in district programs.

REGULATIONS

1. A fee set by the Governing Board will be charged to each student athlete for the year in which he/she is participating. The fee for the 10-11 year is \$100.00 per sport, per student. There is a family cap of \$400.00.
2. An athlete will not be eligible for game participation until the fee has been paid.
3. **Once the fee has been paid, it is non-refundable.**
4. If the payment of this fee places a financial burden on the student athlete and/or his/her parents, then the coach will relay this information to the athletic director. The school's athletic director will work with students and families who are unable to pay the fee.

CODE OF CONDUCT FOR PARENTS OF INTERSCHOLASTIC STUDENT-ATHLETES

We believe that interscholastic athletic competition should demonstrate high standards of ethics and sportsmanship and promote the development of good character and other important life skills. We also believe that the highest potential of sports is achieved when participants are committed to pursuing victory with honor according to the six core principles: trustworthiness, respect, responsibility, fairness, caring and good citizenship, (the "Six Pillars of Character"). This Code applies to all parents of student-athletes involved in interscholastic sports.

TRUSTWORTHINESS

Trustworthiness-be worthy of trust in all you do.

Integrity-live up to high ideals of ethics and sportsmanship; do what is right even when it's unpopular or personally costly.

Honesty-live and act honorably, do not allow your children to lie, cheat, steal or engage in any other dishonest or un-sportsmanlike conduct.

Reliability-fulfill commitments; do what you say you will do; be on time; when you tell your children you will attend an event, be sure to do so.

Loyalty-be loyal to your school and team; put the team above your interests and those of your child.

RESPECT

Respect-treat people with respect all the time and require the same of your children.

Class-live and cheer with class; be gracious in victory and accept defeat with dignity; compliment extraordinary performance and show respect for all competitors.

Personal Conduct-refrain from profanity, disrespectful conduct, and the use of alcohol or tobacco in front of student-athletes or other situations where your conduct could undermine your positive impact as a role model.

Respect Officials-treat contest officials with respect; do not complain about or argue with official calls or decisions during or after an athletic event.

Respect Coaches-treat coaches with respect at all times; recognize that they have team goals beyond those of your child. Do no shout instructions to players from the stands; let coach's coach.

RESPONSIBILITY

Importance of Education-Stress that student-athletes are students first. Be honest with your children about the likelihood of getting an athletic scholarship or playing on a professional level. Place the academic, emotional, physical and moral well-being of your children above desire and pressures to win.

Role-Modeling-Consistently exhibit good character and conduct yourself as a role model for your children.

Self-Control-Exercise self-control; do not fight or show excessive displays of anger or frustration. Have the strength to overcome the temptation to demean others.

Integrity of the Game-protect the integrity of the game; do not gamble on your children's games.

Privilege to Compete-Assure that you and your child understand that participation in interscholastic sports is a privilege, not a right, and that they are expected to represent their team, school and family with honor, on and off the field.

Healthy Lifestyle-Safeguard your health; do not use any illegal or unhealthy substances including alcohol, tobacco and drugs.

FAIRNESS

Be Fair-treat all competitors fairly, be open-minded; always be willing to listen and learn.

CARING

Encouragement-encourage your children regardless of their play; offer positive reinforcement. Demonstrate sincere interest in your child's play.

Concern for Others-demonstrate concern for others; never encourage the injury of any player, official or fellow spectator.

Empathy-consider the needs and desires of our child's team mates in addition to your own; help promote the team concept by encouraging all team members, understanding that the coach is responsible for determining playing time.

CITIZENSHIP

Know the Rules-maintain a thorough knowledge of all applicable game and competition rules.

STUDENT CONDUCT AT ATHLETIC AND OTHER EXTRACURRICULAR SCHOOL ACTIVITIES

Students participating in school sports and extracurricular programs are expected to be positive role models for their student body. The various sports and extracurricular programs in the district are intended to promote growth, development, citizenship and social skills beyond the activity itself.

A student's eligibility for participation in various extracurricular school activities may be affected by the student's conduct. Students/athletes who violate school behavior expectations are subject to various disciplinary measures by their coach, the site athletic director and the principal. The site athletic director and/or the principal make the final determination whether a student is dismissed from a team for inappropriate conduct.

Athletes and all extracurricular participants have the following conduct requirements to remain eligible:

- ◆ Conduct by the student during competitions is regulated by the rules and regulations of the Arizona Interscholastic Association and the Bylaws of the Region Conference.
- ◆ A referral by itself may not be sufficient cause to suspend a student's participation in extracurricular activities/sports. However, depending on the nature of the infraction (severity, repetition, etc.), the coach/activity sponsor is expected to take appropriate action once they are advised of the incident(s).
- ◆ If a student has established a pattern of misconduct, regardless of whether or not suspensions were involved, the student is subject to being suspended by the athletic director, and/or principal, from all teams of which the student is a member.
- ◆ Any out-of-school suspension results in an automatic suspension from all teams/clubs/groups the student is a member of for the duration of the suspension. Not only is the student suspended from playing/participating, the student is also suspended from practices and organized activities (team workouts, meetings, matches, etc.) During an in-school suspension, the student may practice at the discretion of the coach.
- ◆ A student athlete who is suspended out of school and play during the season may be suspended from the team for that season.

- ◆ Conduct by the student after school hours which reflects negatively on the school can have a bearing on the student's ability to participate in sports and other extracurricular activities. Any after school incident that involve areas such as drugs, alcohol, theft, assault, gang activity, etc., brought to the attention of the school (coach, athletic director, principal, assistant principal, etc.) may be disciplined by the school. This discipline could involve suspension from the extracurricular activity.

PARENT PROTOCOL

If a parent has a concern with his/her student athlete, a set protocol should be followed in hopes of resolving the concern/issue. It should be noted that the selection of students to be a member of a school team is the prerogative of the school (mainly the coach). The protocol which parents should follow in regards to resolving a concern/issue is as follows:

- ◆ Contact the coach
- ◆ If not satisfied, contact the school athletic director
- ◆ If not satisfied, contact the school principal
- ◆ If not satisfied, contact the assistant superintendent
- ◆ If not satisfied, contact the superintendent who renders the final decision.

AIA POSITION STATEMENT

SUPPLEMENTS, DRUGS AND PERFORMANCE ENHANCING SUBSTANCES

Purpose of Form: All AIA member schools are required to ANNUALLY communicate this AIA Position Statement on the use of supplements, drugs and performance enhancing substances to every participant in interscholastic activities.
(See Article 14, Section 14.13.2)

- The Arizona Interscholastic Association (AIA) views sport, and the participation of student-athletes in sports, as an activity that enhances the student-athlete's well-being by providing an environment and stimulus that promotes growth and development along a healthy and ethically based path.
- It is the position of the AIA that a balanced diet, providing sufficient calories, is optimal for meeting the nutritional needs of the growing student-athlete.
- It is the position of the AIA that nutritional supplements are rarely, if ever, needed to replace a healthy diet.
- Nutritional supplement use for specific medical conditions may be given individual consideration.
- The AIA is strongly opposed to "doping", defined as those substances and procedures listed on the World Anti-Doping Agency's Prohibited List. (www.wada-ama.org)
- It is the position of the AIA that there is no place for the use of recreational drugs, alcohol or tobacco in the lifestyle of the student-athlete. The legal consequences for the use of these products by a student-athlete are supported by the AIA.

In pursuit of **Victory with Honor**, the AIA promotes the use of exercise and sport as a mechanism to establish current fitness and long-term healthy lifestyle behaviors. It is the position of the AIA that the student-athlete, who consumes a balanced diet, practices sport frequently and consistently, and perseveres in the face of challenges, can meet these goals.

AIA ELIGIBILITY RULES
PROTECT YOUR ELIGIBILITY BY KNOWING THE RULES

- | | |
|----------------------------------------|-----------------------------------|
| 1. Enrollment Rule | 7. Maximum Participation Rule |
| 2. Academic Rule | 8. Transfer Rule |
| 3. Domicile Rule | 9. Amateur Rule |
| 4. Age Limit/Birth Record Rule | 10. Recruitment Rule |
| 5. Physical Examination Rule | 11. Non-School Participation Rule |
| 6. Parental or Legal Guardianship Rule | 12. Sportsmanship Rule |

INTRODUCTION

Every year over 70,000 students in the state of Arizona participate in interscholastic activities at the high school level. The Arizona Interscholastic Association (AIA) is comprised of member schools that establish eligibility criteria for students, such as yourself, to be able to participate.

When you become a member of an interscholastic team at your high school, you will find that both your school and the AIA will have rules you follow in order to be eligible for interscholastic participation. AIA rules must be followed as minimum standards for all interscholastic competition in any member school. Your high school may have additional requirements, but they may not be less stringent than these state-wide minimums.

Information contained in this pamphlet will acquaint you with the major rules and regulations you must follow in order to maintain and protect your high school eligibility. Any questions you have concerning these essential requirements or with your athletic eligibility should be checked with your school principal or athletic director. These administrators in your school have a complete copy of all AIA eligibility requirements.

THE INFORMATION CONTAINED HERE INCLUDES PORTIONS OF THE BYLAWS, NOT THE ACTUAL BYLAWS. PLEASE REFER TO THE BYLAW REFERENCES FOR THE COMPLETE STATEMENT OF THE BYLAWS IN THEIR ENTIRETY.

BYLAWS ARE ALSO POSTED ON THE AIA WEBSITE - www.aiaonline.org

1. ENROLLMENT RULE - Reference Bylaw 15.3

- You must be enrolled and attending classes in your high school no later than the 14th day of the semester in order to establish eligibility.
- If you have been enrolled in school for 15 or more days during any one semester, it will count as one of the eight (8) semesters of high school attendance during which you may possibly have eligibility.
- A student must be enrolled in a minimum of five courses the first six semesters of high school and a minimum as determined by the district during the seventh and eighth semesters. The configuration and method of course delivery shall be as determined by the member school.

3. DOMICILE RULE - Reference Bylaw 15.5

- Except as otherwise stated in Article 15, you, are privileged with eligibility for interscholastic competition only at the school in the district in which your parents are domiciled. In multi-school districts, you are eligible only at the school in the attendance zone in which your parents are domiciled.

4. AGE LIMIT/BIRTH RECORD RULE - Reference Bylaw 15.6

- If you become 19 years of age on or before September 1, you are NOT eligible for any part of that school year.
- You must submit an acceptable record of birth before your name is placed on an eligibility list for competition.

5. PHYSICAL EXAMINATION RULE - Reference Bylaw 15.7

- You must have a physician's record of a physical examination on file with the athletic director stating that you are physically fit for interscholastic athletic competition.
- Your physical examination for the following year must be given on or after March 1.

6. PARENT OR LEGAL GUARDIANSHIP RULE - Reference Bylaw 15.8

- You must get signed permission to participate from your parents or guardian on a form provided by the school.

7. MAXIMUM PARTICIPATION RULE - Reference Bylaw 15.9

- You are eligible to participate for only four seasons in each sport and no more than eight semesters.
- You may be eligible for no more than eight semesters after you enroll in the ninth grade. If you attend school for fourteen (14) days or more in a semester, that counts as a semester of attendance.

8. TRANSFER RULE - Reference Bylaw 15.10

- If you move with your parents to a new school district, you will be eligible at your new school provided you meet all other eligibility requirements.
- If you transfer schools and your parents do not move into the district of your new school you will be ineligible for 365 days.

9. AMATEUR RULE - Reference Bylaw 15.11

- You must be an amateur. This means that you have never used and are not using your knowledge of athletics or athletic skill in an athletic contest for financial gain.
- You shall participate and always have participated under your own name.

10. RECRUITMENT RULE - Reference Bylaw 15.12

- The bylaws prohibit recruiting of high school students for athletic purposes. If you are solicited to enroll in or transfer to a school to participate in athletics, you are being illegally recruited and your eligibility is in jeopardy.
- If the recruitment rule is violated, you will not be eligible at a member school until reinstated by the AIA Executive Board.

11. NON-SCHOOL PARTICIPATION RULE - Reference Bylaw 14.4

- A student who is a member of a school team shall not practice or compete with any other group, club, organization, association, etc., in that sport during the interscholastic season of competition. This rule applies to team sports. For purposes of this rule, the interscholastic season of competition shall begin with the first regularly scheduled game and conclude with that particular team's final game. Any student violating the above rule shall forfeit his/her eligibility for a minimum of the balance of the season for that sport or up to a maximum of one calendar year.

EXCEPTION: Athletes are permitted to tryout for and compete with the U.S. Soccer Federation and the Olympic Development Program.

12. SPORTSMANSHIP BYLAW

- AIA Bylaw 16.3 - In the event that spectators, parents, or other non-school personnel initiate or use profanity in cheers or chants having the intent of sounding profane, single out opposing players personally and/or heckle them by directing derogatory or profane statements or chants at them, use racist remarks, direct offensive cheers/chants at opposing cheering sections, or engage in physical conflict or other threatening or aggressive behavior with school personnel, officials, players, coaches, or other spectators, the school(s) involved shall utilize all available law enforcement resources to prosecute such offenders, and shall take all reasonable actions to help ensure that future similar incidents do not occur, such as temporarily or permanently prohibiting the offender(s) from attending future contests.



Arizona Interscholastic Association, Inc.

ARIZONA INTERSCHOLASTIC ASSOCIATION, INC.
7007 North 18th Street, Phoenix, Arizona 85020-5552
Phone: (602) 385-3810

ANNUAL PREPARTICIPATION PHYSICAL EVALUATION

(The Parent or Guardian should fill out this form with assistance from the student athlete.)

Name Sex Age Date of Birth Grade

Address Phone

In case of emergency, contact: Name:

Explain "Yes" answers below. Phone (H): (W)

Circle questions you don't know the answer to. Cell Phone:

- 1. Have you had a medical illness or injury since your last check-up or sports physical?
2. Have you ever been hospitalized overnight?
3. Are you currently taking any prescription or nonprescription (over-the-counter) medications or pills or using an inhaler?
4. Do you have any allergies to medications?
5. Have you ever passed out during or after exercise?
6. Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, or blisters)?
7. Have you ever had a head injury or concussion?
8. Have you ever become ill from exercising in the heat?

- 9. Do you cough, wheeze, or have trouble breathing during or after activity?
10. Do you use any special protective or corrective equipment or devices that aren't usually used for your sport or position?
11. Have you had any problems with your eyes or vision?
12. Have you ever had a sprain, strain, or swelling after injury?
13. Do you want to weigh more or less than you do now?
14. Do you feel stressed?
15. Do you or have you ever used:
16. Females Only: When was your first menstrual period?

Explanation:

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct. I understand and acknowledge that truthful and accurate information is essential in properly determining whether the student should be cleared for athletic participation. I hereby consent for the student named above, to be given medical care by the doctor selected by the school.

Signature of Parent/Guardian Signature of Student Athlete Date
FORM 15.7-A 6/08



ARIZONA INTERSCHOLASTIC ASSOCIATION, INC.
 7007 North 18th Street, Phoenix, Arizona 85020-5552
 Phone: (602) 385-3810

ANNUAL PREPARTICIPATION PHYSICAL EXAMINATION

ANNUAL PHYSICAL EXAMINATION

Name: _____ Date: _____
 Height: _____ Weight: _____ Pulse: _____ BP: _____
 Vision: R 20/ _____ L 20/ _____ Glasses/Contacts: Yes No Pupils: Equal Unequal

	Normal	Abnormal Findings	Initials*
Medical			
Appearance	<input type="checkbox"/>		
Skin	<input type="checkbox"/>		
Eyes/Ears/Nose	<input type="checkbox"/>		
Throat/ Oropharynx	<input type="checkbox"/>		
Lymph Nodes	<input type="checkbox"/>		
Heart	<input type="checkbox"/>		
Pulses	<input type="checkbox"/>		
Lungs	<input type="checkbox"/>		
Abdomen	<input type="checkbox"/>		
Genitalia/ Hernia	<input type="checkbox"/>		
Musculoskeletal			
Neck	<input type="checkbox"/>		
Back	<input type="checkbox"/>		
Shoulder/arm	<input type="checkbox"/>		
Elbow/forearm	<input type="checkbox"/>		
Wrist/hand	<input type="checkbox"/>		
Hip/thigh	<input type="checkbox"/>		
Knee	<input type="checkbox"/>		
Leg/ankle	<input type="checkbox"/>		
Foot	<input type="checkbox"/>		

*Station-based examination only

CLEARANCE

Cleared
 Cleared after completing evaluation/rehabilitation for: _____

 Not Cleared for: _____ Reason: _____
 Recommendations: _____

 Name of Physician (print/type) _____ Date _____
 Address _____ Phone _____
 Signature of Physician _____ **MD/DO/NP/PA-C**



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AIA POSITION STATEMENT

SUPPLEMENTS, DRUGS AND PERFORMANCE ENHANCING SUBSTANCES

PURPOSE OF FORM: All AIA Member schools are required to **ANNUALLY** communicate this AIA Position Statement on the use of supplements, drugs and performance enhancing substances to every participant in interscholastic activities. (See Article 14, Section 14.13.2)

The Arizona Interscholastic Association (AIA) views sport, and the participation of student-athletes in sport, as an activity that enhances the student-athlete's well-being by providing an environment and stimulus that promotes growth and development along a healthy and ethically based path.

- It is the position of the AIA that a balanced diet, providing sufficient calories, is optimal for meeting the nutritional needs of the growing student-athlete.
- It is the position of the AIA that nutritional supplements are rarely, if ever, needed to replace a healthy diet.
- Nutritional supplement use for specific medical conditions may be given individual consideration.
- The AIA is strongly opposed to "doping", defined as those substances and procedures listed on the World Anti Doping Agency's Prohibited List (www.wada-ama.org).
- It is the position of the AIA that there is no place for the use of recreational drugs, alcohol or tobacco in the lifestyle of the student-athlete. The legal consequences for the use of these products by a student-athlete are supported by the AIA.

In pursuit of **Victory with Honor**, the AIA promotes the use of exercise and sport as a mechanism to establish current fitness and long-term healthy lifestyle behaviors. It is the position of the AIA that the student-athlete, who consumes a balanced diet, practices sport frequently and consistently, and perseveres in the face of challenges, can meet these goals.